


King George V School – October 2022

	10/10 Mon	11/10 Tue	12/10 Wed	13/10 Thu	14/10 Fri
Bowl - Monday: 12:00noon to 1:15pm; Tuesday to Friday: 1:00pm to 2:15pm					
Lunch Box A \$38	Yeung Chow fried rice 	Grilled chicken steak w/ onion sauce, rice  	Sweet & sour pork w/ rice 	Fried chicken noodles w/ assorted vegetables  	Japanese beef & rice bowl 
Lunch Box B \$38	White chicken stew w/ rice 	Braised beef, scrambled egg & tomato w/ rice 	Chicken madras (chicken & coconut milk curry) w/ rice 	Baked Portuguese sole fillet w/ rice 	Chicken & vegetables ragout w/ penne  
Lunch Box C (Vegetarian) \$35	(Vegan) Linguini Napolitan w/ mushroom   	(V) OmniPork & eggplant moussaka w/potatoes 	(V) Baked vegetables fusilli w/ cream sauce 	(Vegan) Mixed beans masala w/ rice   	(V) Vegetarian Mapo tofu w/ rice  
Leo's cafe					
Salad A \$35	Roasted chicken Caesar	Japanese green tea soba 	Tuna salad w/ Japanese dressing 	Roasted chicken Caesar	Japanese green tea soba 
Salad B (Vegetarian) \$35	(V) Potato salad w/ Thousand Island dressing  	(V) Greek salad  	(V) Potato salad w/ Thousand Island dressing 	(V) Pasta salad 	(V) Greek salad  
Piazza Pizza - Monday: 12:30pm to 1:15pm; Tuesday to Friday: 1:15pm to 2:15pm					
Pizza A \$27	Ham & cheese 	BBQ chicken & mushroom 	Pork chipolata & mushroom 	BBQ chicken & mushroom 	Meat lover 
Pizza B (Vegetarian) \$27	(V) Pizza marinara 	(V) Trio cheese 	(V) Pizza marinara 	(V) Trio cheese 	(V) Pizza marinara 

All lunches are packed in biodegradable wheat straw meal box & served with seasonal vegetables.

 Vegan  Dairy-free  Egg-free


QUALITY OF LIFE SERVICES

